

# **Go Faster Food: Over 100 Energy-boosting Recipes For Runners, Cyclists, Swimmers And Rowers By Kate Percy**

**By Kate Percy**

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Kate Percy is the author of Go Faster Food (4.00 avg rating, 14 ratings, 3 reviews, published 2009), Go Faster Food Kate Percy s Followers (1)

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**Liz Yelling (Author of The Woman's Guide to -**

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