

Overcoming Impulse Control Problems: A Cognitive-Behavioral Therapy Program, Workbook (Treatments That Work) By Jon E. Grant;Christopher B. Donahue;Brian L. Odlaug

By Jon E. Grant;Christopher B. Donahue;Brian L. Odlaug

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Rigid and persistent over-control of impulse can manifest itself as inhibition, Examples of personality disorders with impulse control problems .

http://www.sevencounties.org/poc/view_doc.php?type=doc&id=476&cn=8

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Impulse Control Disorders - All About Counseling -

Coping with a lack of impulse control. There are no entirely certain treatments for all forms of impulse control disorders. There are, however,

<http://www.allaboutcounseling.com/library/impulse-control-disorders/>

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Adult ADHD - 9 Ways to Overcome Impulsive Spending -

ADD/ADHD causes impulse control problems, so it's not surprising that many people with ADD/ADHD have money problems stemming at least in part from impulsive spending.

<http://www.choosehelp.com/topics/adult-add-adhd/adult-adhd-9-ways-to-overcome-impulsive-spending>

Impulse Control Disorders -

If you are unable to control your impulses, even if the behavior produces undesirable results then you may have impulse control disorder. An impulse is an urge you

<http://www.disorders.org/impulse-control-disorders/>

Impulsivity: Cause and Symptom of Anxiety - Calm -

Impulsivity: Cause and Symptom of Anxiety. There's nothing necessarily wrong with being impulsive. In fact, sometimes impulsivity is the right response to a situation.

<http://www.calmclinic.com/anxiety/impulsivity>

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Becoming a Highly Effective and Competent Cognitive-Behavioral Workbook for OCD : A Guide to Overcoming Cognitive-Behavioral Therapy Work :

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A 6-month follow-up of imaginal desensitization -

Jon E. Grant, JD, MD, MPH, Christopher B. Donahue, cognitive-behavioral therapy, impulse control disorder, Grant JE, Donahue CB, Odlaug BL,

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3465840/>

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Impulse Control Disorders can be Hard to Treat! | -

A category of emotional disorders known as Impulse Control Disorders, are unusually difficult to treat--probably because most sufferers don't want treatment.

<http://blogs.psychcentral.com/anxiety/2012/05/uncontrollable-impulses-hard-to-treat-hard-stop/>

Impulse Control and Addiction Recovery - Alcohol -

Home > The Complex Nature of Addiction and Recovery > Impulse Control and Addiction Recovery. Impulse Control and Addiction Recovery. The inability to control

<http://alcoholrehab.com/addiction-recovery/impulse-control/>

How do you overcome an Impulse Control Disorder? | -

May 30, 2007 How do you overcome an Impulse Control Disorder? Is there anyone out there with an Impulse Control Can anxiety disorders be beaten WITHOUT the use

https://answers.yahoo.com/question/index;_ylt=A0LEV0m8m7xV7KIAzjlXNyoA;_ylu=X3oDMTBzanNtMWJtBGNvbG8DYmYxBHBvcwMyMAR2dGlkAwRzZWMDc3I-?qid=20070531010249AA17uze&p=overcoming%20impulse%20control%20problems

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